



When you need  
a digital  
helping hand

## **Powers of attorney give your helper access**

With a power of attorney you can give someone close to you access to act on your behalf on several public digital self-service platforms, for example, if you need help applying for a pension or if you need someone you trust to be able to read your health records.

Different powers of attorney give access to different things. Therefore, you should provide several powers of attorney depending on the help you need. In any case, it's crucial that you only give a power of attorney to someone you trust.

Read more about powers of attorney in the power of attorney guide at [borger.dk/digitalhjælp](https://borger.dk/digitalhjælp). Please note that the webpage is in Danish.



Get started with  
digital help on

 **borger.dk**





## A digital helping hand

Denmark is currently one of the most digitalized countries in the world. While digital solutions simplify everyday life for many, they are not straightforward for everyone – for example, digital contact with public authorities.

Fortunately, we are good at helping one another if someone close to us needs a helping hand. Let's keep up the excellent work.

In this folder, you can read about how those closest to you can give you a digital helping hand via powers of attorney and reading access to your Digital Post.

On [borger.dk/digitalhjælp](https://borger.dk/digitalhjælp) you can learn more about your options to get digital help. Please note that the webpage is in Danish.



Scan the QR code to directly access digital help on **[borger.dk/digitalhjælp](https://borger.dk/digitalhjælp)**

Please note that the webpage is in Danish. Its recommended to visit the webpage with a native speaker.

## Reading access to Digital Post

With reading access to Digital Post, you can give a family member or a close friend access to read your Digital Post – so that important messages from, for example, the hospital or municipality are not overlooked.

With reading access, your digital helper can receive a notification whenever you receive a message from Digital Post. The helper can log in, read along remotely, and update you.

### Request reading access

Together, you can learn more about reading access to Digital Post at [borger.dk/digitalhjælp](https://borger.dk/digitalhjælp) where your digital helper also can request access.